

Every participant is required to complete the below release form prior to participation in any ZUMBA with Amy class. Please bring the release form, completed, to your first class. You only need to complete this release once – Amy will keep a file with all completed release forms on hand. Thanks!



ZUMBA with Amy RELEASE FORM

Date: _____

Name: _____

Email: _____

Address: _____

City: _____ Zip: _____

Sex: ()M ()F Student? ()Y ()N

How did you hear about ZUMBA by Amy?

Any person who participates in ZUMBA activities or services provided by Amy Krahn shall do so at his or her own risk. He or she shall assume all risk involved, including but not limited to all loss or stolen property, cost, claim, injury, damage or liability sustained while participating. ZUMBA by Amy and Amy Krahn will not be held liable for any misfortune that may occur. By signing below, you are certifying that you are in good health and have consulted a doctor before beginning this or any other exercise program.

My legal signature written below confirms the aforementioned statements.

SIGNATURE

Staff: _____